



# CLASS SCHEDULE

## WESTLAKE VILLAGE

2475 Townsgate Road  
Westlake Village, CA 91361

805.371.3030  
westlakevillage@yogaworks.com  
www.yogaworks.com

### LEGEND

- \* Prenatal packages available for non-members.
- \*\* Community Class no charge for class.  
Priority will be given to first time students.
- ♪ Music
- ☀ Room temperatures of 80 degrees & above

Visit yogaworks.com or download our mobile app for substitute teachers and holiday hours.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	6:00-7:10 <b>YogaWorks 1-2</b> ♪ Amy Hayashi Jones	7:00-8:25 <b>YW Flow 2</b> Surreina Gallegos	6:00-7:10 <b>YogaWorks 1-2</b> ♪ Amy Hayashi Jones	7:00-8:25 <b>YW Flow 2</b> Surreina Gallegos	6:00-7:10 <b>Hatha Yoga 1-2</b> ♪ Jessica Anderson	8:00-8:55 <b>TRX</b> ♪ Skyler Burke	8:30-9:55 <b>YW Flow 2-3</b> ♪ Dawn Stillo
	8:15-9:10 <b>SculptWorks</b> ® 1-2♪ Holly Butler	8:45-9:55 <b>Hatha Yoga 1</b> Jessica Anderson	8:15-9:10 <b>TRX</b> ® ♪ Geoff Link	8:45-9:55 <b>Hatha Yoga 1</b> Jessica Anderson	8:15-9:10 <b>TRX</b> ® ♪ Geoff Link	8:30-9:40 <b>YogaWorks 1-2</b> Jennifer Elliott	8:45-10:10 <b>YogaWorks 1</b> Hazel Patterson
	8:45-9:55 <b>Hatha Yoga 1-2</b> ♪ Jessica Anderson	9:15-10:10: <b>CoreBootyWorks</b> ♪ Holly Butler	8:45-9:55 <b>Hatha Yoga 1-2</b> ♪ Maggie Mellor	9:15-10:10: <b>CoreBootyWorks</b> ♪ Holly Butler	8:45-9:55 <b>Hatha Yoga 1-2</b> ♪ Maggie Mellor		9:00-9:55 <b>Pilates Mat 1-2</b> ♪ Geoff Link
	9:15-10:10 <b>TRX</b> ® ♪ Geoff Link	9:15-10:40 <b>YW Flow 2-3</b> ♪ Jennifer Elliott	9:15-10:10 <b>SculptWorks</b> ® 2-3♪ Yvonne Kelly	9:15-10:40 <b>YW Flow 2-3</b> ♪ Jennifer Elliott	9:15-10:10 <b>SculptWorks</b> ® 1-2♪ Holly Butler	9:00-9:55 <b>BarWorks</b> ® 1-2♪ Diana Klein	10:15-11:10 <b>TRX</b> ® ♪ Geoff Link
	9:15-10:40 <b>Vinyasa Flow 2-3</b> ♪ Vivica Schwartz	10:30-11:40 <b>Hatha Yoga 1-2</b> Ericka Bryant	9:15-10:40 <b>Vinyasa Flow 2-3</b> ♪ Jessica Anderson	10:30-11:40 <b>Hatha Yoga 1-2</b> Ericka Bryant	9:15-10:40 <b>Vinyasa Flow 2-3</b> ♪ Vivica Schwartz	10:00-11:25 <b>Hatha Yoga 1</b> Anna Hoener	10:45-12:10 <b>Vinyasa Flow 2</b> ♪ Julie Kundert
	10:30-11:40 <b>Gentle Yoga</b> Karen Hartstein	11:00-12:20 <b>Pre/Post Natal</b> ♪* Shauna Poutre	10:30-11:40 <b>Gentle Yoga</b> Karen Hartstein	11:00-12:20 <b>Pre/Post Natal</b> ♪* Shauna Poutre	10:30-11:40 <b>Hatha Yoga 1</b> Amy Hayashi Jones	10:15-11:40 <b>Vinyasa Flow 2-3</b> ♪☀	11:30-12:40 <b>Gentle Yoga</b> Karen Garvey
	10:30-11:55 <b>Iyengar 1-2</b> Rebecca Lascoe	12:15-1:10 <b>SculptWorks</b> ® 1-2♪ Holly Butler	10:30-11:55 <b>Iyengar 1-2</b> Rebecca Lascoe	12:15-1:10 <b>SculptWorks</b> ® 1-2♪ Holly Butler	12:15-1:10 <b>Coreworks</b> ♪ Skyler Burke	12:00-1:25 <b>Iyengar 1-2</b> Rebecca Lascoe	12:30-1:25 <b>Family Yoga</b> ♪*** Shauna Poutre
	12:00-1:10 <b>YogaWorks 1-2</b> Nicole Rivere	12:15-1:10 <b>YogaWorks 1</b> Jennifer Elliot	10:50-12:00 <b>Hatha Yoga 1</b> Meg Randazzo	12:15-1:10 <b>YogaWorks 1</b> Jennifer Elliot	12:15-1:25 <b>YW Flow 2</b> ♪ Liz Blanding	12:00-1:25 <b>Vinyasa Flow 2</b> ♪ Katie Stefl	4:00-5:25 <b>Hatha Yoga 1-2</b> ♪ Michelle Kronenberg
	12:15-1:10 <b>BodyWorks</b> ♪ Yvonne Kelly	12:30-1:25 <b>Vinyasa Flow 2</b> ♪ Shauna Poutre	12:00-1:10 <b>YogaWorks 1-2</b> Nicole Rivere	12:30-1:25 <b>Vinyasa Flow 2</b> ♪ Shauna Poutre	12:45-1:55 <b>Essential Zen</b> ♪ Paula Fortunato	2:00-3:25 <b>Yin Yoga 1</b> ♪ Ellen Kalmenson	4:15-5:25 <b>Restorative</b> ♪ Maggie Mellor
	12:15-1:25 <b>YW Flow 2</b> ♪ Liz Blanding	2:00-2:55 <b>Therapeutics</b> Jenny Klossner	12:15-1:10 <b>Pilates Mat</b> ♪ Kristina Krikes	2:00-2:55 <b>Therapeutics</b> Jenny Klossner	3:00-4:10 <b>Hatha Yoga 1-2</b> ♪ Jennifer Elliot	4:00-5:25 <b>YogaWorks 1-2</b> ♪ Shauna Poutre	4:30-5:40 <b>Vinyasa Flow 2</b> ♪ Meg Randazzo
	2:00-3:10 <b>Hatha Yoga 1</b> Sri Hari Moss	3:00-4:10 <b>Gentle Yoga</b> Surreina Gallegos	12:15-1:25 <b>YW Flow 2</b> ♪ Amy Harrington	3:00-4:10 <b>Gentle Yoga</b> Surreina Gallegos	4:30-5:40 <b>Yin Yoga 1</b> ♪ Jennifer Elliot		
	4:00-4:55 <b>YW Meditation</b> Heidi Downen	4:45:5:55 <b>Gentle Yoga</b> Surreina Gallegos	2:00-3:10 <b>Hatha Yoga 1</b> Sri Hari Moss	4:45:5:55 <b>Gentle Yoga</b> Surreina Gallegos	5:00-6:10 <b>YW Flow 2-3</b> ♪ Liz Blanding		
	4:30-5:25 <b>Slow Flow 2</b> ♪ Meg Randazzo	5:05:6:00 <b>Pilates Mat 1-2</b> TBD	4:00-5:20 <b>Pre/Post Natal</b> ♪* Chrissy Canning	5:05:6:00 <b>Coreworks</b> ® ♪ TBD	6:00-7:15 <b>YW Flow - All levels</b> Surreina Gallegos		
	4:45-5:55 <b>Hatha Yoga 1</b> ♪ Jennifer Elliott	5:15-6:25 <b>Hatha Yoga 1-2</b> ♪ Krista Eiberg	4:30-5:25 <b>Slow Flow 2</b> ♪ Meg Randazzo	5:15-6:25 <b>Hatha Yoga 1-2</b> ♪ Krista Eiberg			
	5:30-6:55 <b>Vinyasa Flow 2-3</b> ♪☀ Amy Harrington	6:05-7:00 <b>TRX</b> ® ♪ Geoff Link	4:45-5:55 <b>Hatha Yoga 1</b> ♪ Karen Hartstein	6:05-7:00 <b>TRX</b> ® ♪ Geoff Link			
	6:00-6:55 <b>Coreworks</b> ♪ Diana Klein	6:15-7:25 <b>Yin Yoga 1</b> ♪ Paula Fortunato	5:30-6:55 <b>Vinyasa Flow 2-3</b> ♪☀ Amy Harrington	6:15-7:25 <b>Yin Yoga 1</b> ♪ Paula Fortunato			
	6:15-7:25 <b>Vinyasa Flow 2</b> ♪ Jennifer Elliott	6:30-7:55 <b>Vinyasa Flow 2-3</b> ♪☀ Ellen Kalmenson	6:00-6:55 <b>Sculptworks</b> ® ♪ Diana Klein	6:30-7:55 <b>Vinyasa Flow 2-3</b> ♪☀ Ellen Kalmenson			
	7:15-8:25 <b>YogaWorks 1-2</b> Xuan Nguyen	7:05-8:30 <b>Iyengar 1-2</b> Anthony Lorenzana	6:15-7:25 <b>Vinyasa Flow 2</b> ♪ Dawn Stillo	7:05-8:30 <b>Iyengar 1-2</b> Anthony Lorenzana			
	7:30-8:40 <b>Gentle Yoga</b> Karen Hartstein	7:30-8:40 <b>YogaWorks 1</b> Anna Hoener	7:15-8:25 <b>YogaWorks 1-2</b> Xuan Nguyen	7:30-8:40 <b>YogaWorks 1</b> Anna Hoener			
			7:30-8:40 <b>Restorative</b> ♪ Maggie Mellor				